



## 2020 SUPPORT GROUP MEETINGS

### NOTES:

- Parking at the Notre Dame Recreation Center: There is a parking lot on the west side of the building as well as street parking. Please enter using the door facing Ave. de la Catherdrale.
- For those unable to join us at the meeting location or drive into Winnipeg, you are welcome to join us via conference call. Email or phone for more information email or call:  
Email: [sclerodermamb@gmail.com](mailto:sclerodermamb@gmail.com) Call: 204-256-0225

### **Saturday, January 18, 10:30 a.m. to noon**

***GREAT NEWS!*** This meeting which had to be cancelled due to a snowstorm has been rescheduled for Saturday, April 4. See below.

### **Saturday, March 14, 10:30 a.m. to noon**

*Coping strategies for living with scleroderma*  
Notre Dame Recreation Center, 271 Ave. de la Catherdrale

### **Saturday, April 4, 10:30 a.m. to noon (rescheduled from January 18)**

*Going to Pot: Cannabis in scleroderma (Dr. David Robinson)*  
Notre Dame Recreation Center, 271 Ave. de la Catherdrale

### **Saturday, May 9, 10:30 a.m. to noon**

*Wound care for fingers and toes: A Hands-On Workshop*  
Notre Dame Recreation Center, 271 Ave. de la Catherdrale

### **Saturday, October 3, Scleroderma Patient Forum / Education Day**

CanadInn, 1824 Pembina Hwy  
*Registration details and information will be available on the website soon!*

### **Saturday, November 14, 10:30 a.m. to noon**

*Living with chronic illness*  
Notre Dame Recreation Center, 271 Ave. de la Catherdrale

**Please join us!**

*Patients, family and friends are all welcome!*

Visit [www.sclerodermamanitoba.com](http://www.sclerodermamanitoba.com) for details  
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